



The MedEvac Foundation International has joined with Air and Surface Transport Nurses Association (ASTNA) and the International Association of Flight and Critical Care Paramedics (IAFCCP) to advance the **Taking Care of Our Own** initiative.

Current Foundation sponsored programs dedicated to our colleagues in air medical and critical care ground transport include:

- Scholarships to MTLI
- Scholarships to SMTA
- Donations to families in immediate need after an accident
- College scholarships to children who have lost a parent in service

Together, we have also developed an educational safety event that will address post-traumatic stress and the support available to our crew. **Presentations include:**

Life Saving Behaviors/Emotional Resilience/PTSD: A Personal Story

Multiple educational **Taking Care of Our Own** events will take place nationally with dates to be announced
Register at: https://aams.formstack.com/forms/mfi_tcoot2019

Join us on Sept 9, 2019

0830-1500

Cook Children's Teddy Bear Hangar

124 Texas Way

Fort Worth, TX 76106

*Lunch will be provided
4.7 CE will be provided*



CookChildren's.



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- Welcome MedEvac Foundation International, ASTNA, IAFCCP and Host Program introductions
- 0900-0930 Life Saving Behaviors, presented by Phil Ward, IAFCCP Board Member.
- 0930-1030 - We will examine factors impacting the provider and their well-being such as needle sticks, mental health, and transport safety (modified from PHI AMG).
- 1030-1045 Break
- 1045-1200 Life Saving Behaviors, cont.
- 1200-1230 Lunch
- 1230-1330 Emotional Resilience, presented by Sharon Purdom, ASTNA President.
- Death, tragic and devastating events are unavoidable circumstances in the world of Emergency medical service (EMS) and hospital personnel. Currently there is diminutive education on communicating with loved ones and conveying empathy. Research has shown that words and actions of the healthcare provider have a tremendous impact on the healing process of parents and family after a death. Studies also have shown the emotional toll of health care providers when dealing with pediatric trauma and death. By the end of this lecture the participant will have an increase awareness of their own actions. The participant will hear from parents that survived the unthinkable. Most importantly the participant will feel inspired to improve their own wellness, prevent compassion fatigue, and continue to provide excellent care for others.
- 1330-1345 Break
- PTSD/Critical Stress: A Personal Story, presented by Phil Ward.
- 1345-1445 - To provide excellent care to our Patients we must practice self-compassion.
- "Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which has the potential to turn a life around." Leo Buscaglia
- 1445-1500 Q/A