

# Meeting Minutes

## RAC-G: Public Education & Injury Prevention Committee

**Wednesday, October 16, 2024**

### **Call to order**

A meeting of RAC-G Public Education & Injury Prevention Committee was held via Teams link on 10/16/2024  
Sign in Sheet attached identifying members in attendance and those not in attendance.

### **Approval of Previous Meeting Minutes**

Minutes from previous meeting approved as presented.

**Purpose of Meeting:** Provide collaboration opportunity for entities impacting public education and injury prevention as well as those who provide care of injured patients within RAC-G.

### **1. Topic of Discussion**

The committee discussed the upcoming CarFit instructor training for 10/29 and community course for 10/30. Small group to meet to discuss logistics - please contact Julie Sperling if you would like to join the small group. Anticipating 6-8 attendees for instructor training to augment CarFit instructors in the region. Community course will be held at Green Acres Baptist. Marketing flyers have been sent out and Tammy at RAC will work on sending to media outlet connections. Supplies have been ordered already including temp display for spring/summer courses. Funding requests were reviewed and the nightlights have arrived. Whistles have also been approved and Brittany/Julie will work with Loretta to get order placed. There is a potential for additional funding later in the fiscal year, but other requests have been placed on hold at this time. A&M Agrilife extension holds licensure for Matter of Balance in the state and there is a potential to partner with them for instructor training and courses. Brittany & Julie spoke with their director and they will be inviting committee members to future trainings.

### **2. New Business**

A request form for use of injury prevention aids has been developed and committee reviewed and revised. An evaluation form has also been developed to ensure tracking of RAC support of injury prevention events including event outcomes for use in RAC annual report. For now, those requests will be funneled through committee chair and co-chair for review at the next committee meeting. Committee members agree that for requests placed with short term timeframes that do not allow for full committee review, the chair and/or co-chair can approve those requests at their discretion. 2023 Regional Fall data was reviewed with target locations in the region for fall education identified as Tyler & Longview. Specific zipcodes that should also be targeted directly were also identified within portions of Longview, Tyler, Jacksonville, & Athens (75605, 75704, 75766, 75604, 75751). Regional data suggests targeted fall prevention beginning at age 50 in this region and with a focus on ground level falls as 89% of falls in the regional trauma registry were from ground level. There is some data that suggests a potential need for registry education related to primary body system injury as ISS severity and primary injury do not seem to correlate in regional data. Of note, 25% of the patients in RAC-G trauma registry for falls required a new admission to a SNF upon discharge from acute care. An additional 17% required LTAC or Rehab Hospital admission upon discharge from acute care. Will discuss top 5 mechanism of injury data data at next meeting. Loretta reports that this committee does not need to worry about developing a RAC education/symposium evaluation template as previously requested and the RAC staff will take care of that need.

**3. Old Business**

Committee reviewed 9/21 Fall prevention event successes and opportunities as detailed in Evaluation report shared with committee members & RAC staff. Largest opportunity identified is related to marketing of events. Discussion on need to engage membership marketing departments and local media more intentionally in future events.

**4. Action Items**

Notify Julie Sperling if you would like to participate further with CarFit planning or instructor course.

RAC Staff to create evaluation/feedback template for RAC-G Funded Public Education events that do not relate to injury prevention.

Top 5 mechanism of injury & morbidity/mortality over past 5 years needs to be reviewed at regional level by this committee.

**5. Announcements:**

Next meeting November 20, 2024 @ 11am; 801 Clinic Drive Room 1 or via TEAMS

Adjournment:



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Secretary: Brittany Ray

10/17/2024

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Date